



Authorized User Training Checklist

Trainers teaching Authorized Users of fall protection in the Louis Theater must cover the following topics and must assess that trainees demonstrate knowledge and operational proficiency prior to allowing them to use fall protection equipment in the space.

- I. Location of manuals for all equipment
 - II. Harness Inspection
 - a. Fall indicators
 - b. Metal Components – buckles, connectors, rings
 - c. Webbing and Straps
 - d. Labels
 - III. Harness donning and adjustment
 - a. Size selection - see chart
 - b. Proper order of adjustment
 - i. Overall size and dorsal ring placement
 - ii. Legs
 - iii. Chest strap last
 - c. Proper fit
 - i. Dorsal ring centered on shoulder blades
 - ii. Leg straps snug but not constricting
 - iii. Chest strap at nipple line
 - iv. Sub-pelvic strap in correct position
 - v. No slack on straps
 - IV. SRL inspection and attachment
 - a. Fall indicator/ energy absorber
 - b. Condition of shell
 - c. Metal Components – hooks, rings, connectors, carabiners
 - d. Webbing
 - e. Label
 - V. SRL use
 - a. Function test
 - b. Never use with line pulled out
 - c. Must connect so webbing is in tension
 - VI. Lifeline inspection and use
 - a. End connection
 - b. Energy absorber
 - c. User rings
 - d. D-Ring extenders
 - e. Line condition
 - VII. Fall Hazard Analyses
 - a. Operating Rail
 - b. Loading Gallery
 - c. Grid
 - d. Box Booms (and Rescue Plan)
 - VIII. Demonstrate Proficiency in all topics above
- Materials Needed
- Manuals
- Harness
 - Personal SRL
 - Large SRL
 - Lifeline
 - D-Ring Extender
- Harnesses
- Personal SRLs
 - Copy of Fall Hazard Analyses
 - Copy of Rescue Plan